FOR PROGRAM DIRECTORS AND SITE COORDINATORS

An Olympic team sport that fits your enrichment block.

We have run European handball inside New York City after-school programs for more than a decade: five years and counting with Queens Community House and Grand Street Settlement, and as a co-locator in Beacon programs with St. Nicks Alliance and SCAN Harbor. Our coaches arrive with the curriculum, the equipment and the sport. Your staff supervise. Your kids get a team, a season and a tournament.



WHY DIRECTORS KEEP BOOKING IT

- **Every kid plays.** Handball needs no prior experience and no single player can dominate, so the quiet kid and the athlete are both in the game within minutes.
- **Co-ed by design.** Boys and girls on the same teams, which is why QCH calls it a great fit for enrichment.
- **SEL you can see.** All five CASEL competencies run live, every session, at full speed.
- **A ladder, not a one-off.** Your kids can go on to the NYC Youth Cup and the Youth Academy, with scholarships for those who earn a place.

FORMAT

11-week cycle

One session a week, 60–90 minutes to match your block. Two cycles fill a program year.

GROUP SIZE

Sized to your site

Built for real after-school groups, from 15 to a full gym. We bring enough coaches for the number.

SPACE

Gym, yard or field

Any flat space with room to run. Goals, balls and pinnies come with us and stay for the cycle.

STAFF

Cleared three ways

Every coach NYC DOE PETS cleared, SafeSport certified and background screened. Your staff supervise; no training needed.

> "We've worked with NYCTH for five years now, and our kids love European handball. They always ask for it. It's a great team sport, and the fact that it's co-ed has made it a great addition to our enrichment activities."
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> Kyana Simmons, Queens Community House, after-school partner for five years

> "Our kids love European handball, and the NYCTH staff is incredible at getting every one of them involved. It's been a great hit with our programs."
>
> Jocintha Gordon, Grand Street Settlement, after-school partner

WHAT THE CYCLE LOOKS LIKE

- **Weeks 1–3, Foundation.** What is handball? Catching, passing, the rules, team identity.
- **Weeks 4–7, Skills.** Throwing, defense, goalkeeping, three challenge levels, the first full game.
- **Weeks 8–11, Competition.** Leveled teams, captains, sportsmanship, and a tournament with awards to close the cycle.
- **After the cycle.** Committed players are invited to represent your site at the NYC Youth Cup, with jerseys and equipment provided.

WHAT IT COSTS, AND HOW TO PAY FOR IT

A full cycle costs about **$150 per participant**, coaching, equipment and the closing tournament included; the exact figure depends on group size and block length, and we will quote your site in a day. For comparison, a city-funded after-school seat runs $3,000–$4,000 a year per student.

We are an **NYC FMS vendor (VS00085913)**, so we can be paid through your contract or enrichment budget, and a registered 501(c)(3), so a sponsor or funder can cover a site directly. W-9 and certificate of insurance on request.

Book a cycle for your site.

Tell us the site, the age group, the day and the block length. We will come and walk you and your staff through it in person, at your site, before you commit to anything.

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Handball Rising · a program of New York City Team Handball Club Inc., 501(c)(3), EIN 27-0541418 · NYC FMS vendor VS00085913 · a member, partner or contractor of NYC DOE, DYCD, COMPASS NYC and NYC Parks · founded 1973 · 5,500+ young New Yorkers introduced to the sport

Shkumbin "Bini" Mustafa, Managing Director & Head Coach · handballrising.com/for-schools

Curriculum mapped to SHAPE America 2024 and CASEL-aligned SEL practices.